

**RRDS GOVT. DEGREE COLLEGE, BHIMAVARAM, W.G.Dt, A.P**

(Affiliated to Adkavi Nannayya University, Rajamahendravaram)

Estd:1972

☎ 08816-223458

🌐 [www.rrdsgcd.ac.in](http://www.rrdsgcd.ac.in)



Accredited by NAAC

AISHE:C-24023

📧 [gdcbbhimavaram,jkc@gmail.com](mailto:gdcbbhimavaram,jkc@gmail.com)

**BLOOD DONATION BY COLLEGE STUDENTS**

**04/07/2023**



Facilitated by

**NSS UNIT,**

**RRDS GOVT DEGREE COLLEGE**

**Bhimavaram**

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**RRDS Government Degree College, Bhimavaram**

**NSS Unit**

**Notice**

All the faculty, students and NSS volunteers of the college are here by informed that there will be a Blood Donation Camp at DNR College, Bhimavaram on 04.07.2022 organised by Ashram Hospitals, Bhimavaram. The volunteers are advised to extend their services at the camp and donate blood as required. All the faculty members are requested to encourage the students to participate in the blood donation camp.


Date: 02.07.2022

  
NSS Programme Coordinator

Programme Officer  
NATIONAL SERVICE SCHEME  
R.R. Govt. Degree College,  
Bhimavaram-2

Circulated to staff Circulated to Students

IRA   
IBT   
IBS 

IBCOM - N. Mallesh  
IBCom - 

## BRIEF REPORT OF THE ACTIVITY

As a part of extension and community out reach programme our college students M. Veera Babu, I B.A & B. Chiranjeevi, I B.Com has participated and donated blood in the Blood Donation Camp organised by Ashram Hospitals, Eluru held at DNR College, Bhimavaram. The students were appreciated by the Hospital authorities for their active involvement and donation of blood in this programme.



NSS Programme Coordinator

**Programme Officer**  
**NATIONAL SERVICE SCHEME**  
R.R.D.S.Govt. Degree College,  
BHIMAVARAM-2, W.G.Dt.



Principal

  
PRINCIPAL  
R.R.D.S.Govt. Degree College  
BHIMAVARAM-534 292

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To

The Coordinator  
NSS Unit  
RRDS Govt. Degree College  
Bhimavaram.

Sub: Participation and donation of blood at “Blood Donation Camp” organised  
by Ashram Hospitals, Eluru – Permission accorded

As a part of extension activities of the NSS Unit of our college, permission is accorded to NSS Volunteers to participate, extend services and donate blood at Blood Donation Camp going to be held at DNR College, Bhimavaram organised by Ashram Hospitals, Eluru.

Date: 02.07.2022



Principal

*V. K. S. Prasad*  
PRINCIPAL

R.R.D.S.Govt. Degree College  
BHIMAVARAM-534 202

**RRDS Government Degree College, Bhimavaram**

**NSS Unit**

**Attendance Sheet**

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Name of the Programme : Social Service program.  
Occasion : Blood Donation.  
Date & Time : 04/07/2023

S.No	Name of the Faculty/Student	Designation/ Class	Signature
1	D. Bhavya Sri	II B.A.	D. B. Sri
2	B. George Ajay	II B.A.	B. George Ajay
3	D. Elisha	II B.A.	D. Elisha
4	X. Nani.	II B.A.O.M	Y. Nani.
5	G. Ravi Teja.	II B.COM.	G. Ravi Teja.
6	K. Jyothi	II B.COM.	K. Jyothi.
7	B. Prasad.	II BSC.	B. Prasad.
8	T. Sravani	II BSC.	T. Sravani.
9	P. Aditya.	II B.COM	P. Aditya.
10	G. Mohana Koushika	II B.COM	G. Mohana Koushika
11	M. Shobha Rani	I B.COM (CA)	M. Shobha Rani
12	B. Chiranjeevi	I B.COM (CA)	B. Chiranjeevi
13	T. Siva Maheswar	I B.COM	T. Lakshmi Siva Maheswar
14	S. S. N. Manika	II B.COM	S. S. N. Manika.
15			

  
Signature of the coordinator  
Programme Officer  
NATIONAL SERVICE SCHEME  
R.R.D.S. Govt. Degree College,  
BHIMAVARAM-2, W.G.D.



Principal  
  
PRINCIPAL  
R.R.D.S. Govt. Degree College  
BHIMAVARAM-534 202




Blood donation by B. Chiranjeevi, I B.Com




Blood donation by M. Veerababu, I B.A

Certificate of appreciation

**BLOOD BANK**  
AA RAJU ACADEMY OF MEDICAL SCIENCES  
004, W.G. Dist., A.P. ☎ : 08912 - 288288  
LIC No. 14/WG/AP/2002/BBQ



**BLOOD BANK**



**CERTIFICATE**

This is to certify that Mr / Mrs B. Chiranjeevi  
has donated blood as a voluntary donor on 04-03-2022  
We appreciate his / her contribution towards **NOBLE CAUSE.**

Reg. No. 1092

*N. Thirubava*  
Blood Bank Medical Officer  
ASRAM, Eluru

**Give Hope GIVE BLOOD Give Life**

*V. Thirubava*  
PRINCIPAL  
R.R.D.S. Govt. Degree College  
BHIMAVARAM-534 202.

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### Clean India Programme



Organized by

**NSS Unit & ECO Club**

**RRDS GOVERNMENT DEGREE COLLEGE  
Bhimavaram**



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AISHE:C-24023

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To

The Coordinator  
NSS Unit & Eco Club  
RRDS Govt. Degree College  
Bhimavaram.

Sub: Conduct of activities Clean India Programme – Permission accorded

As a part of the activities of the NSS Unit and ECO Club of the College under Clean India Programme, Permission accorded to conduct various Activities which will enlighten awareness in the Society.

Date: 17.10.2022



Principal

*V.K.P. Prudhina*  
PRINCIPAL

R.R.D.S. Govt. Degree College  
BHIMAVARAM-534 202

**RRDS Government Degree College, Bhimavaram**

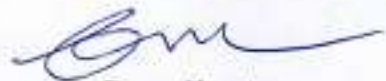
## NSS Unit

### Notice

All the students are informed that NSS Unit & Eco club jointly conducting various programmes to create awareness on Clean Environment during 20.10.2022 to 25.10.2022

All the faculty are invited and students are instructed to participate in this programme without fail.

Date: 18.10.2022



**Coordinator**  
**Programme Officer**  
**NATIONAL SERVICE SCHEME**  
**R.R.D.S. Govt. Degree College,**  
**BHIMAVARAM-2, W.G.Dt.**

**Circulated to staff**

G. Umesh  
N. Mallu



**Circulated to Classes**

I B Cam

II BSC - N. Mallu

I BSA  
III BSA

IV B-2-1 - P2

## Report of CLEAN INDIA PROGRAMME


Under the supervision of NSS unit officer & as a Convener of Eco Club Dr. K.Srinivasa Rao of the college conducted Rally on Prevention of Plastic & Flexes.


An awareness Program conducted to the students on the activities to be taken up on the part of activities of Clean India Programme. The Following Activities conducted in this Programme

1. Awareness Programme to students.
2. Rally on the Streets of Rayalam village With the Slogans of prevention of Plastic Usage and Flexes.
3. Cleaning of Garbage in the streets of Bhimavaram.

The Principal and staff also participated in this programme and said that for a balanced ecological conditions everyone must aware the bad impacts of the use of plastic and prevent the use plastic in daily Life. And also Cleaned the Garbage in the streets of Bhimavaram.



  
Programme Officer  
NATIONAL SERVICE SCHEME  
R.R.D.S.Govt. Degree College,  
BHIMAVARAM-2. W.G.Dt.

  
PRINCIPAL  
R.R.D.S. Govt. Degree College  
BHIMAVARAM-534 202,

**RRDS GOVERNMENT DEGREE COLLEGE, Bhimavaram**

**NSS Unit & Eco Club - Attendance Sheet**

\*\*\*\*\*

Name of the Programme : Awareness programme.  
 Occasion : Clean India Programme  
 Date & Time : 17/10/2022.

S.No	Name of the Faculty/Student	Designation/Class	Signature
1	G. D. M. Lakshmi		
2	T. Lakshmi siva Maheswar	I B.COM	T. lakshmi siva maheswar
3	M. shobha Rani	I B.COM	M. shobha Rani
4	B. chivani jeevi	I B.COM	B. chivani jeevi
5	J. pushpa Durga	I BA	J. Pushpa Durga
6	K.S. Maha Lakshmi	I. BA	K.S. Maha Lakshmi
7	K. Jyothi	I. B. Com	K. Jyothi
8	M. Vijaya pradeepti	II B.A	M. Vijaya pradeepti
9	J. G. N. Durgani	I. B.COM	J. G. N. Durgani
10	Ch. Ragini	I B.A	Ch. Ragini
11	K. Lih Khiba Mahalakshmi	I. B. S.C	B. L. M. Lakshmi
12	D Naga Mani	II B.A	D Naga Mani
13	S. Satish	II BA	S. Satish
14	G. Ravi Teja	I B.COM	G. Ravi Teja
15	T. Salem Raju	II B.A	T. Salem Raju
16	T. Sxavani	I. B. S.C	T. Sxavani
17	B. Venkata sai latha	III B. com (CA)	B. Venkata sai latha
18	G. Pradeep Satya Sai	III. B.A	G. Pradeep
19	K. Pushpa sai Tejaswi	III B. com	K. Pushpa sai Tejaswi
20	P. Amulya	III B. com	P. Amulya
21	P. Ajay kumar	III B. com	P. Ajay kumar
22	G. Sharanu	III BA	G. Sharanu
23	M. Sivani	III B.A	M. Sivani
24	P. Sai Aswini	III BA	P. S. Aswini
25	S. Siva raga Anvika	III B. com	S. Siva raga Anvika
26	K. Vijaya Rani Lakshmi	III B. com	K. Vijaya Rani Lakshmi
27	N. Vimala yalamtha	III B. Com	N. Vimala
28	B. N. H. Rafassi	III BA	B. N. H. Rafassi
29	V. Varish babu	III BA	V. Varish babu
30	V. Padma Vaithi	III B. Com	V. Padmavathi

Signature of the coordinator  
**Programme Officer**  
 NATIONAL SERVICE SCHEME  
 R.R.D.S. Govt. Degree College,  
 BHIMAVARAM-2, W.G.DI.



Principal  
  
 PRINCIPAL  
 R.R.D.S. Govt. Degree College  
 BHIMAVARAM-534 202



## Bhimavaram, Andhra Pradesh, India

GGR6+HCV, Raayalam, Bhimavaram, Andhra Pradesh 534202, India

Lat 16.541432°

Long 81.511202°

25/10/22 03:17 PM







నెషిఫ్ లో కేవలం సాధించింది తమ విద్యార్థులు రామచంద్రరాజు తదితరులు పాల్గొన్నారు.

# స్ట్రెస్ నివేధంపై అవగాహన

సాక్షి, చీమవరం: క్లీన్ ఇండియా కార్యక్రమంలో భాగంగా చీమవరం పట్టణంలోని ఆర్ఆర్డీఎస్ ప్రభుత్వ డిగ్రీ కళాశాల ఎన్ఎస్ఐఎస్ విద్యార్థులు మంగళవారం కళాశాల పరిసరాలను శుభ్రం చేశారు. అలాగే ప్లాస్టిక్ ప్లెస్టీల నిషేధం, మురుగునీరు, వ్యర్థ పదార్థాల వల్ల కలిగే ఇబ్బందులపై ప్రజలకు అవగాహన కల్పించడానికి క్యాంపిని నిర్వహించారు. ఈ సందర్భంగా కళాశాల ప్రెసిడెంట్ డాక్టర్ వీకేజీ ప్రసూన మాట్లాడుతూ ప్లాస్టిక్ వాడకం వల్ల ఆరోగ్య అనర్థాలు ఏర్పడుతున్నాయని వీటిపై ప్రజలకు అవగాహన కల్పించేందుకు విద్యార్థులు చేస్తున్న కృషి ప్రశంసనీయమన్నారు. ఈ కార్యక్రమంలో ఎన్ఎస్ఐఎస్ కోఆ



పరిసరాలను శుభ్రం చేస్తున్న ఆర్ఆర్డీఎస్ ప్రభుత్వ డిగ్రీ కళాశాల విద్యార్థులు

ర్డినేటర్ కాకుమాని శ్రీనివాసరావు, చైర్ ప్రెసిడెంట్ ఎస్.లక్ష్మీకాంతం, డి.ఆరవిందస్వామి తదితరులు పాల్గొన్నారు.



తాజా

Rishi Sunak: అప్పుడు వారికి ఒబామా.. ఇప్పుడు

# పాస్టిక్ను దూరం చేద్దాం

భీమవరం

వట్టణం, న్యూన్  
టుడే: ప్లాస్టిక్కు

ప్రత్యామ్నాయంగా  
వస్త్ర సంఘాలు ఉప  
యోగించాలని ఆర్  
ఆర్డీఎస్ ప్రభుత్వ  
డిగ్రీ కళాశాల ప్రిన్సి  
పల్ వీకేజే ప్రసూన  
అన్నారు. ప్లాస్టిక్ను  
యూనిట్ ఆధ్వర్యంలో అవగాహన ప్రదర్శనను  
వారం నిర్వహించారు. ఎన్ఎస్ఎస్ సమన్వయకర్త  
ప్రిన్సిపల్ ఎస్.లక్ష్మీకాంతం పాల్గొన్నారు.



ప్రదర్శనలో ఎన్ఎస్ఎస్ వాలంటీర్లు, అధ్యాపకులు

దూరం చేద్దామంటూ ఆ కళాశాల ఎన్ఎస్ఎస్  
మంగళ  
కె. శ్రీనివాసరావు, వైస్







# ప్లాస్టిక్ నిషేధంపై అవగాహన

26/10/22

సో. బీ.మవరం: శ్రీన్ ఇండియా కార్యక్రమంలో భాగంగా బీ.మవరం పట్టణంలోని ఆర్.ఆర్.డి.ఎస్ ప్రభుత్వ డిగ్రీ కళాశాల ఎన్.ఎస్.ఎస్ విద్యార్థులు మంగళవారం కళాశాల పరిసరాలను శుభ్రం చేశారు. అలాగే ప్లాస్టిక్ ఫైక్వీల నిషేధం, మురుగునీరు, వ్యర్థ పదార్థాల వల్ల కలిగే ఇబ్బందులపై ప్రజలకు అవగాహన కల్పించడానికి ర్యాలీ నిర్వహించారు. ఈ సందర్భంగా కళాశాల ప్రెసిడెంట్ డాక్టర్ వీకే. ప్రసూన మాట్లాడుతూ ప్లాస్టిక్ వాడకం వల్ల అనేక అనర్థాలు ఏర్పడుతున్నాయని వీటిపై ప్రజలకు అవగాహన కల్పించేందుకు విద్యార్థులు చేస్తున్న కృషి ప్రశంస పీయచున్నారు. ఈ కార్యక్రమంలో ఎన్.ఎస్.ఎస్ కోఆ



పరిసరాలను శుభ్రం చేస్తున్న ఆర్.ఆర్.డి.ఎస్ ప్రభుత్వ డిగ్రీ కళాశాల విద్యార్థులు  
రిసెటర్ కాకుమంచి శ్రీనివాసరావు, వైస్ చైర్మన్ పాల్ ఎస్.లక్ష్మీకాంఠం, డి.ఆరబండస్వామి తదితరులు పాల్గొన్నారు.

# పాస్టిక్ ను దూరం చేద్దాం

26/10/22

బీ.మవరం పట్టణం, న్యూన్ టుడే: ప్లాస్టిక్ కు ప్రత్యామ్నాయంగా వస్త్ర సంచులు ఉపయోగించాలని ఆర్.ఆర్.డి.ఎస్ ప్రభుత్వ డిగ్రీ కళాశాల ప్రెసిడెంట్ వీకే. ప్రసూన అన్నారు. ప్లాస్టిక్ ను దూరం చేద్దామంటూ ఆ కళాశాల ఎన్.ఎస్.ఎస్ యూనిట్ ఆధ్వర్యంలో అవగాహన ప్రదర్శనను బీ.మవరంలో మంగళవారం నిర్వహించారు. ఎన్.ఎస్.ఎస్ సమన్వయకర్త కె. శ్రీనివాసరావు, వైస్ చైర్మన్ పాల్ ఎస్.లక్ష్మీకాంఠం పాల్గొన్నారు.



ప్రదర్శనలో ఎన్.ఎస్.ఎస్ వాలంటీర్లు, అధ్యాపకులు

## ప్లాస్టిక్ నిషేధించాలి

26/10/22

కాలాంధ్ర -భీమవరం: పరిసరాల  
రిశుభ్రతకోసే పర్యావరణం నమతు  
యంగా ఉంటుందని ప్రతి ఒక్కరూ క్లీన్  
ఇండియాలో భాగం పంచుకోవాలని



ఆర్.ఆర్.డి.ఎస్. ప్రభుత్వ డిగ్రీ కళాశాల ప్రిన్సిపాల్ డాక్టర్ వి.కె.జె. ప్రసూన అన్నారు.  
ఎన్ ఇండియాలో భాగంగా కళాశాల ఎన్ఎస్ఎస్ విద్యార్థులు మంగళవారం ప్లాస్టిక్  
నిషేధంపై ర్యాలీ నిర్వహించి వాటి అసర్దాల పై స్టానికుల్లో అవగాహన కల్పించారు.  
సందర్భంగా ప్రిన్సిపాల్ మాట్లాడుతూ ప్లాస్టిక్ వాడకాన్ని నిషేధించకపోతే  
పర్యావరణం అదుపు తప్పి మానవాళి మనుగడకే ప్రమాదములు తుంది హెచ్చరించారు.  
కార్యక్రమంలో వైస్ ప్రిన్సిపాల్ ఎన్.లక్ష్మీకాంతం, ఎన్ఎస్ఎస్ కోఆర్డినేటర్ డాక్టర్  
అంబికాని శ్రీనివాసరావు, డాక్టర్ అరవింద సోమి, విద్యార్థులు పాల్గొన్నారు.

Programme Officer  
NATIONAL SERVICE SCHEME  
R.R.D.S.Govt. Degree College,  
BHIMAVARAM-2. W.G.D.I.



V.K.S. Prasad  
PRINCIPAL  
R.R.D.S.Govt. Degree College  
BHIMAVARAM-534 202

## RRDS GOVT. DEGREE COLLEGE, BHIMAVARAM, W.G.Dt, A.P

(Affiliated to Adkavi Nannayya University, Rajamahendravaram)

Estd:1972

☎ 08816-223458

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### FIT India Programme



Organised by

**NSS Unit**

**RRDS GOVERNMENT DEGREE COLLEGE**

*Bhimavaram*

**RRDS GOVT. DEGREE COLLEGE, BHIMAVARAM, W.G.Dt, A.P**

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.....  
To

The Coordinator

NSS Unit

RRDS Govt. Degree College

Bhimavaram.

Sub: Conduct of Fit India Programme – Permission accorded

As a part of the activities of the NSS Unit of the College, Permission accorded to conduct a rally on Fit India Programme on 28.10.2022 to spread awareness on health in the Society.

Date: 26.10.2022



Principal

*V. S. Prashma*  
PRINCIPAL

R.R.D.S.Govt. Degree College  
BHIMAVARAM-534 202

**RRDS Government Degree College, Bhimavaram  
NSS Unit**

**Notice**

All the students are informed that NSS Unit is going to conduct a rally on FIT INDIA PROGRAMME on 28.10.2022 to spread awareness on health in the society.

All the faculty are invited and students are instructed to participate in this programme without fail.

**Date: 27/10/2022**

**Circulated to staff**

  
  
  
  
  
**Circulated to Classes**



**Coordinator**  
Programme Officer  
NATIONAL SERVICE SCHEME  
R.R.D.S.Govt. Degree College,  
BHIMAVARAM-2. W.G.Dt.

  
  
II B Com  
II B E  
II B Com  
III B Com


## Report Of CLEAN INDIA PROGRAMME

Under the supervision of NSS unit Member Sri. M.Siva Naga Raju of the college a rally conducted on Fit India Programme on 28.10.2022 with slogans of protection of Health.

An awareness Program conducted to the students on the activities to be FIT. The Following Activities conducted in this Programme

1. Awareness Programme to students on Fitness
2. Rally On the Streets of Rayalam village With the Slogans of Fitness and protection of Health.

The staff also participated in this programme and revealed the importance of balanced diet, exercises and YOGA in maintaining Fitness.

  
Programme Officer  
NATIONAL SERVICE SCHEME  
R.R.D.S.Govt. Degree College,  
BHIMAVARAM-2. W.G.Dt.

  
PRINCIPAL  
R.R.D.S. Govt. Degree College  
BHIMAVARAM-534 202.



**RRDS Government Degree College, Bhimavaram**


**NSS Unit**

**Attendance Sheet**

\*\*\*\*\*

Name of the Programme : Awareness Program.  
 Occasion : FIT India Programme.  
 Date & Time : 28/10/2022.

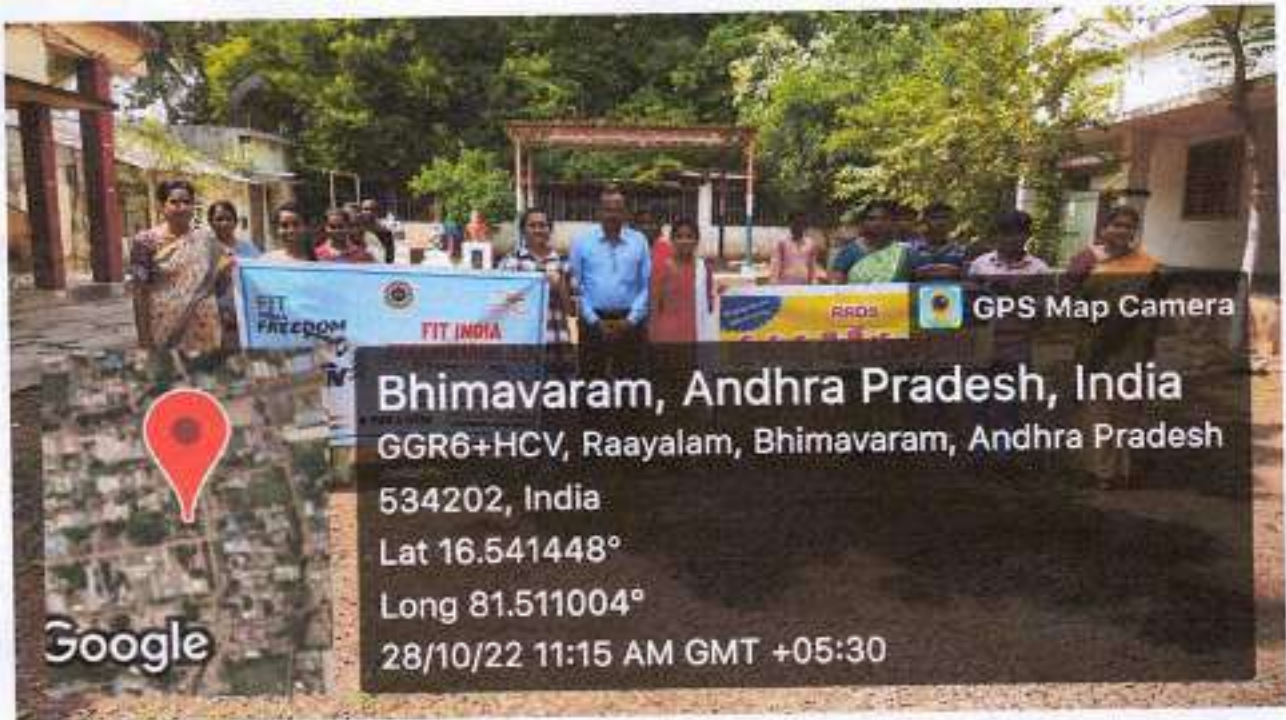
S.No	Name of the Faculty/Student	Designation/Class	Signature
1	D. Bhavya Sai	I BA	D Bhavya Sai
2	V. mersy	I B.COM	V. mersy
3	K. Vijay	II BA	K. vijay
4	P. Saiju vasu	I BA.	P. Saiju vasu
5	K. Sai ram	II B.A	K. sai ram
6	J. Prakash Rao	II B.com	J. Prakash Rao
7	Ch. Ragini	I BA.	Ch. Ragini
8	P. Akash	I B.Com	P. Akash
9	L. Maha Lakshmanudu	I BA	L. Maha lakshmanudu
10	G. Ravi teja	I B.COM	G. Ravi Teja
11	B. Bhavya Sree	II B.COM	B. Bhavya
12	B. George Reddy	I BA.	B. George Reddy
13	K. Tyothi	I B.COM	K. Tyothi
14	R. Surya Kumari	II B.SC	R. Suryakumari
15	K. P. Yesu babu	II B.A	K. Yesu Babu
16	N. Siva Shankar	I BA.	N. Siva Shankar.
17	B. Surya Kumari	II B.COM	B. Surya Kumari
18	G. Durga	I B.COM	G. Durga
19	M. Veera babu	I BA	M. Veera babu.
20	M. Gayathri	I B.COM	M. Gayathri
21	B. Pkitha	II B.COM	B. Pkitha
22	K. Revanth	I BA.	K. Revanth.
23	C. Tanaki	II B.COM	C. Tanaki
24	N. Ravi teja	II B.COM	N. Ravi teja
25	F. Pushpa Durga	I BA.	F. Pushpa Durga
26	P. Tyothi	I B.COM	P. Tyothi
27	V. Nani	I BA.	V. Nani
28	B. Sai	II B.COM	B. Sai
29	S. Babu	I BA	S. Babu
30	B. Lavanya	II BSC	B. Lavanya

  
 Signature of the coordinator  
**Programme Officer**  
**NATIONAL SERVICE SCHEME**  
**R.R.D.S.Govt. Degree College,**  
**BHIMAVARAM-2. W.G.Dt.**

Principal



  
**PRINCIPAL**  
**R.R.D.S.Govt. Degree College**  
**BHIMAVARAM-534 202**





## ఫిట్ ఇండియాపై అవగాహన కలిగించాలి

విశాలాంధ్ర -భీమవరం: విద్యార్థులు చదువుతో పాటు ఆరోగ్యం పై దృష్టి సారించాలని ఆర్.ఆర్.డి.ఎస్.ప్రభుత్వ కళాశాల ప్రిన్సిపాల్ డాక్టర్ వి.కె.జె.ప్రసూన అన్నారు. ఎ.పి.సోఫ్ట్వేర్స్ అధారిటీ పిలుపు



మేరకు శుక్రవారం కళాశాల విద్యార్థులు ఆరోగ్య భారత్ పై అవగాహన ర్యాలీ నిర్వహించారు. ఈ సందర్భంగా ప్రిన్సిపాల్ మాట్లాడుతూ ఫిట్ ఇండియా కార్యక్రమంపై ప్రజల్లో అవగాహన కలిగించి వారిలో చైతన్యం తేవాలన్నారు. అనంతరం విద్యార్థులు ఫిట్ ఇండియా ర్యాలీ నిర్వహించి ప్రజల్లో ఆరోగ్యం పై అవగాహన కలిగించారు. కార్యక్రమంలో వైస్ ప్రిన్సిపాల్ ఎస్.లక్ష్మీకాంతం, డాక్టర్ కాకుమాని శ్రీనివాసరావు, డాక్టర్ అరవింద స్వామి, సిబ్బంది, విద్యార్థులు పాల్గొన్నారు.

*V. K. J. Prasad*  
PRINCIPAL

R.R.D.S. Govt. Degree College  
BHIMAVARAM-534 202.

**RRDS GOVT. DEGREE COLLEGE, BHIMAVARAM, W.G.Dt, A.P**

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## Voluntary Services at Blood Donation Camp

Blood Donation Camp at APSRTC Complex

on 12.01.2023



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.....

To  
The Coordinator  
NSS Unit  
RRDS Govt. Degree College  
Bhimavaram.

Sub: Participation in Blood Donation Camp organised by APSRTC as a part of  
“Road Safety Week” celebrations.– Permission accorded

As a part of extension activities of the NSS Unit of our college and  
Youth Red Cross volunteers permission is accorded to participate and extend  
their services at Blood Donation Camp going to be held at APSRTC Bus Stand,  
Bhimavaram.

Date: 09.07.2023

  
PRINCIPAL  
R.R.D.S. Govt. Degree College  
BHIMAVARAM-534 202.

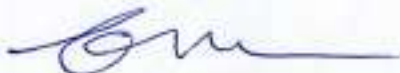
**RRDS GOVERNMENT DEGREE COLLEGE, *Bhimavaram***

***NSS Unit***

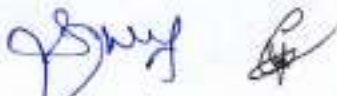
**Notice**

All the faculty, students and NSS volunteers of the college are here by informed that there will be a Blood Donation Camp at RTC Bus Stand, Bhimavaram on 12.01.2023 as a part of Road Safety Week Celebrations by APSRTC. All the NSS and Youth Red Cross volunteers are advised to extend their services at the camp and donate blood as required. All the faculty members are requested to encourage the students to participate in the blood donation camp.

Date: 10.01.2023

  
NSS Programme Coordinator  
Programme Officer  
NATIONAL SERVICE SCHEME  
R.R.D.S.Govt. Degree College,  
BHIMAVARAM-2. W.G.Dt.

Staff

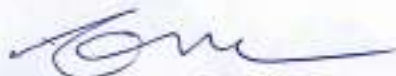
  
N. Mahesh

Student


## Brief Report

On the occasion of "Road Safety Week" celebrations APSRTC, West Godavari Region has conducted a Blood Donation Camp at RTC Bus Stand Bhimavaram on 12.01.2023. As a part of extension activity NSS volunteers and Youth Red Cross Society volunteers of our college actively participated in this programme and created awareness about the importance of blood donation among the passengers through announcements and poster presentations. Somany passengers voluntary came forward and donated blood. Youth Red Cross volunteers of our college helped the APSRTC management and the passengers in successful conduction of this programme. The APSRTC management and Blood Donors appreciated the services rendered by our college students.



**Programme Coordinator**

Programme Officer  
NATIONAL SERVICE SCHEME  
R.R.D.S. Govt. Degree College,  
BHIMAVARAM-2, W.G.DL.



**PRINCIPAL**  
R.R.D.S. Govt. Degree College  
BHIMAVARAM-534 202.

voluntary Services of our students at Blood Donation Camp







**RRDS Government Degree College, Bhimavaram**

**NSS Unit**

**Attendance Sheet**

\*\*\*\*\*

Name of the Programme: Blood Donation Camp at RTC Bus Stand, Bhimavaram

Occasion: Road Safety Week

Date & Time: 12.1.2023

S.No	Name of the Faculty/Student	Designation/Class	Signature
1	G. Ravi Teja	B.COM	G. Ravi Teja
2	N. Rama Rao	I B.COM	N. Rama Rao
3	T. Shalam Raju	B.A	T. Shalam
4	B. George Ajay	B.A	B. Ajay
5	T. Balakrishna	B.A	T. Balakrishna
6	B. Chiranjeevi	I. B. Com	B. Chiranjeevi
7	P. Mohan Krishna	I. B. Com	Mohan Krishna
8	T. Shalini Emmanju	B.A	T. Shalini Emmanju
9	N. Prakash Rao	B. Com	N. Prakash Rao
10	B. Nisikumar	B. Com	B. Nisikumar
11	S. Sathish	B.A	S. Sathish
12	M. Veera Babu	B.A	M. Veera Babu
13	N. Siva Shankar	B.A	N. Siva Shankar
14	G. Sai Ganesh	B.A	G. Sai Ganesh
15	P. Naga Gopi Raju	B.A	P. Naga Gopi Raju



Signature of the coordinator

**Programme Officer**

**NATIONAL SERVICE SCHEME**

**R.R.D.S. Govt. Degree College,**

**BHIMAVARAM-2, W.G.D.**



**PRINCIPAL**

**R.R.D.S. Govt. Degree College**  
**BHIMAVARAM-534 202.**

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**RRDS Government Degree College, Bhimavaram**

**Inclusive Centre**

**Counselling Programme on "Ethics, Self Confidence and Problem Solving Skills".**

**Notice**

All the students are here by informed that as a part of capacity building and skill enhancement initiatives of the institution, a Counselling Programme on "Ethics, Self Confidence and Problem Solving Skills" is being arranged in the college on 13.09.2022 at 2-30 p.m. Representatives from the NGO named "Arise Institute" will train the students on Self Confidence and Problem Solving Skills. The Programme will enable the students to acquire various self-confidence and problem solving skills which are very much necessary in present day life. So, all the students are informed to participate in the programme and get benefit out of it.

Date: 12.09.2022

Convenor

*S. Jeyapriya*  
Inclusive Centre

Circulate to Students

I B2C *[Signature]*

I B.A *[Signature]*

II B.A *[Signature]*

III B.A *[Signature]*

I BSc *[Signature]*

II BSc *[Signature]*

I B.Com *[Signature]*

II B.Com *[Signature]*

III B.Com *[Signature]*

## Brief Report

### Counselling Programme on “Ethics, Self Confidence and Problem Solving Skills”.

As a part of capacity building and skill enhancement initiatives of the institution, a Counselling Programme on “Ethics, Self Confidence and Problem Solving Skills” was arranged in the college on 13.09.2022 at 2-30 p.m. Principal Dr. V.K.J. Prasuna and Vice-Principal and Inclusive Centre Convenor Smt. S. Lakshmi Kantham have taken major role in arranging the programme. The resource persons Sri.V. Tarun and M.D Bilal, representatives from NGO named “Arise Institute”, trained the students on Self Confidence and Problem Solving Skills. The students were benefitted a lot from this programme.

*S. Lakshmi K*  
Convenor

Inclusive Centre

*V.K.J. Prasuna*  
PRINCIPAL  
R.R.D.S. Degree College  
BHIMAVARAM-534 202.



## Photographs

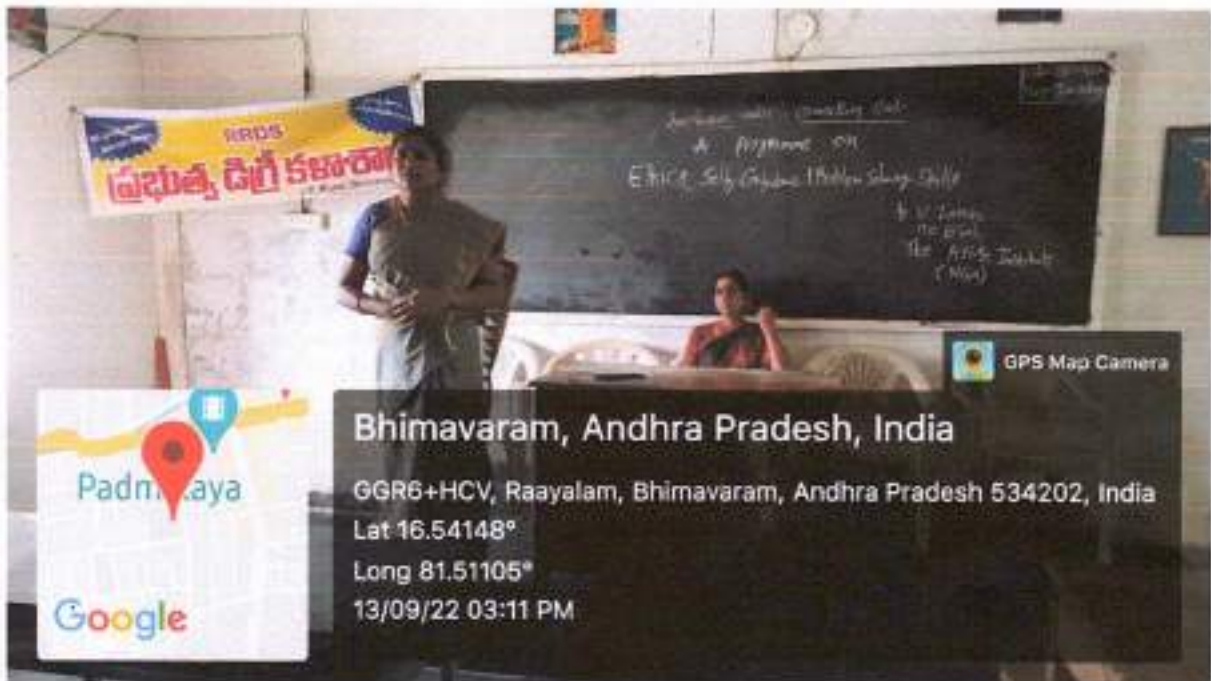
### Principal briefing the students on Ethics, Self Confidence and Problem Solving Skills



### Resource person training the students



## Resource person training the students



RRDS Government Degree College, Bhimavaram

Department of Economics

Student Attendance Sheet

\*\*\*\*\*

Name of the Programme : Counselling Programme on "Ethics, Self Confidence and Problem Solving Skills".

Date & Time: 13.09.2022

S.No	Name of the Student	Class	Signature
1	M. vijaya paradeepthi	I B.A	M. vijaya paradeepthi
2	P. Balasai	I B.com	P. Sai
3	B. likithoo	I B.com	B. Jikithoo
4	S.S.N Mounika	I B.com	S-S-N, Mounika
5	B. Bhagya Sri	I B.com	B. Bhagya Sri
6	K. pavani	I. B. A	k. PAVANI
7	P. Adhikateshwar	I B.com	P. Adhikateshwar
8	B. Siva paravathi	I B.com	siva paravathi
9	M. havisitha	I. B.sc	M. havisitha.
10	A. Rushitha	I. B. SC	A. Rushitha
11	A. Poomma	I B.sc.	A. Poomma.
12	R. Rat Ramesh	I BSC	R. Rat Ramesh
13	S. Sathish	I B.A	S. sathish
14	G. Sai Ganesh	I B.A	G. sai ganesh.
15	T. shalam Raju	I B.A	T. shalam Raju
16	K. vijay	I. BA	k. vijay
17	P. Naga Gopi Raju	I. B.A	P. gopi
18	T. Pandu Ranga	I B.com	T. Pandu Ranga
19	N. Ravi Teja	I. B.com	N. Ravi Teja
20	K. Prakash Rao	I. B.com	K. Prakash Rao



*V. Prabhua*  
PRINCIPAL  
R.R.D.S. Govt. Degree College  
BHIMAVARAM-534 202.

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**RRDS Government Degree College, Bhimavaram  
Department of Physical Education  
Notice**

All the students and faculty are here by informed that there will be a training programme on **Shushman Kriya Yoga** on 20.07.2022 at 2 p.m in the college. Divya Babaji Shusumna Kriya Yoga foundation organizer Smt. Atmanandamayi will explain the benefits of yoga and train the students and staff on various techniques of Shusumna Kriya Yoga.

So all the faculty and students are requested to participate and avail this opportunity.

Date: 19.07.2022

*Ch. Sateesh*  
Physical Director

Circulated to ~~staff~~ <sup>students</sup>

I B.ZC ✓  
I B.A ✓  
II B.A ✓  
III B.A ✓  
I B.COM ✓  
II B.COM ✓  
III B.COM ✓  
I B.SC ✓  
II B.SC ✓

Circulated to ~~students~~ <sup>staff</sup>

✓- ✓  
G.V. Mahesh  
Gm  
P.A. ✓  
S. ✓  
N. ✓



**Brief Report**  
**Shusumna Kriya Yoga Training Programme**

As a part of life skills enhancement among the students, a training programme on Shusumna Kriya Yoga was conducted in the college on 20.07.2022. Divya Babaji Shusumna Kriya Yoga foundation organizer Smt. Atmanandamayi explained about the benefits of Shusumna Kriya Yoga and trained the students and staff on various techniques of Shusumna Kriya Yoga. She also explained about the benefits of this yoga especially for the students. All the students participated in this event and benefitted a lot.

*Ch. Sateesh*

Physical Director

*M. Sathya*  
PRINCIPAL

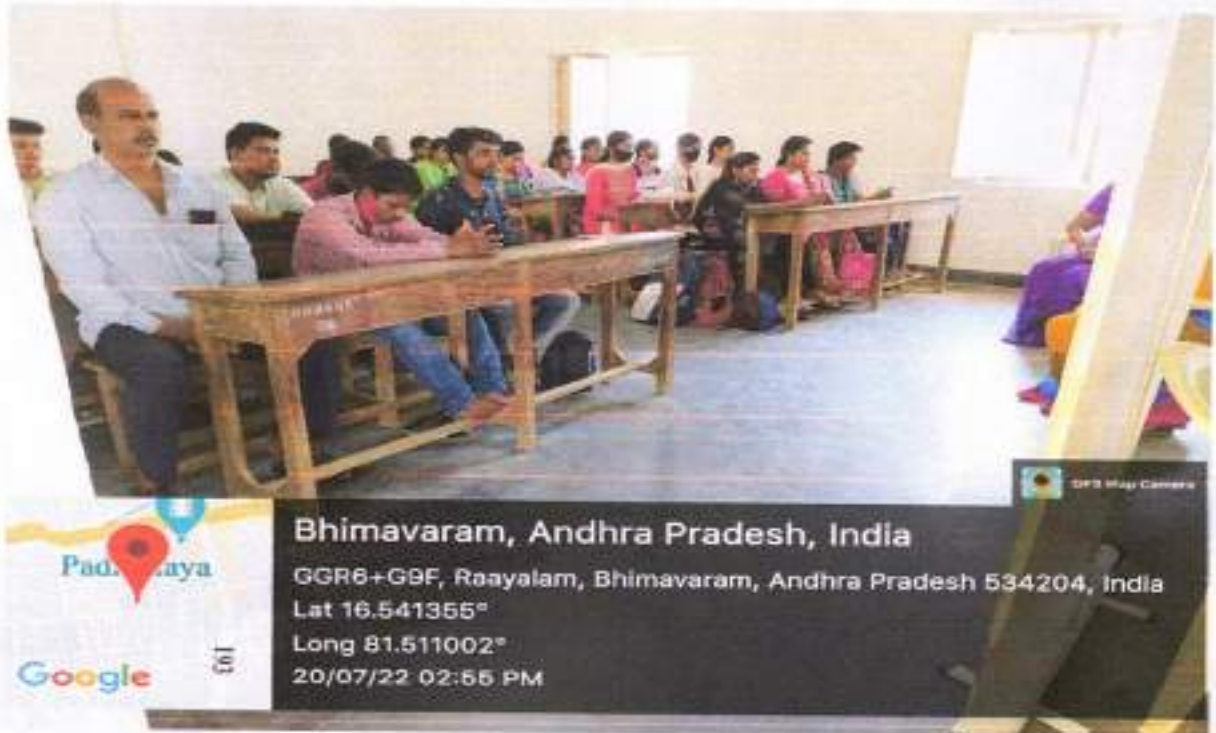
R.R.D.S. Govt. Degree College  
BHIMAVARAM-534 202.



**Photographs**  
**Training on Shushman Kriya Yoga**



**Meditation**



**Bhimavaram, Andhra Pradesh, India**  
GGR6+G9F, Raayalam, Bhimavaram, Andhra Pradesh 534204, India  
Lat 16.541355°  
Long 81.511002°  
20/07/22 02:55 PM



**Explaining the benefits of Yoga**



**RRDS Government Degree College, Bhimavaram**  
**Department of Physical Education**  
**Student Attendance Sheet**

\*\*\*\*\*

Name of the Programme : **Shushman Kriya Yoga.**

Date & Time: **20.07.2022**

S.No	Name of the Student	Class	Signature
1	M. vijaya pradheepthi	I.B.A	M. vijaya pradheepthi
2	K. Pavani	I.B.A.	K. Pavani
3	B. likitha	I.B.com	B. likitha
4	P. Balasai	I.B.com	P. Sai
5	B. siva pravalhi	I.B.com	siva pravalhi
6	S.C.N Mounika	T.B.com	S.C.N Mounika
7	P. Adhi Lakshmi	I.B.com	P. Adhi Lakshmi
8	B. Bhagyaa Sui	T.B.com.	B. Bhagyaa Sui
9	M. haasitha	T.B.sc	M. haasitha
10	A. Poornima	B.sc.	A. Poornima
11	V. Hema.	I.B.sc	V. Hema.
12	A. Roshitha	T.B.sc	A. Roshitha
13	R. Raj KUMAR	I.B.sc.	R. Raj KUMAR.
14	S. Satish	D.BA	S. Satish
15	G. Sai Geetha	D.BA	G. Sai Geetha
16	T. shalini Raju	D.B.A	T. shalini Raju
17	K. vijay	I.BA	K. vijay
18	P. Gopi	I.B.A.	P. Gopi
19	T. Pandu Ranga	I.B.com	T. Pandu Ranga
20	N. Ravi Teja	I.B.com	N. Ravi Teja



**V. Venkatesh**  
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**RRDS GOVT. DEGREE COLLEGE, BHIMAVARAM, W.G.Dt, A.P**

(Affiliated to Adkavi Nannayya University, Rajamahendravaram)

Estd:1972

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AISHE:C-24023

📧 [gdcbbhimavaram.jkc@gmail.com](mailto:gdcbbhimavaram.jkc@gmail.com)

**RRDS Government Degree College, Bhimavaram**  
**Department of Physical Education**  
**Notice**

All the students are informed that Physical Exercise classes will be conducted to the students weekly Three times to all the students in the College for the academic Year 2022-23. This Programme is meant for Physical Fitness.

All the faculty are invited and students are instructed to participate in this programme without fail.

*M.S. Nagaraju*

Coordinator

Date : 17.11.2023

Circulated to staff

*P. Totu*

*G.V. Mahesh*

*[Signature]*

*S. Janki*

*P.A. [Signature]*

Circulated to Classes

I B2C *[Signature]*

I BSC (MPCS)

II MPCS

IB.A *[Signature]*

II B.A. *[Signature]*

IB.Com *[Signature]*

*II B.Com*

*III B.Com*

*[Signature]*

## Report

Department of Physical Education was Conducted exercise Classes weekly Thrice in the campus. This Programme is meant for Physical Fitness of the students. All the students participated in doing exercises.

The exercises conducted during the year aimed at the following components.

- Body Composition.
- Muscular Fitness.
- Cardio respiratory Endurance.
- Flexibility.
- Balance.
- Coordination.
- Power.

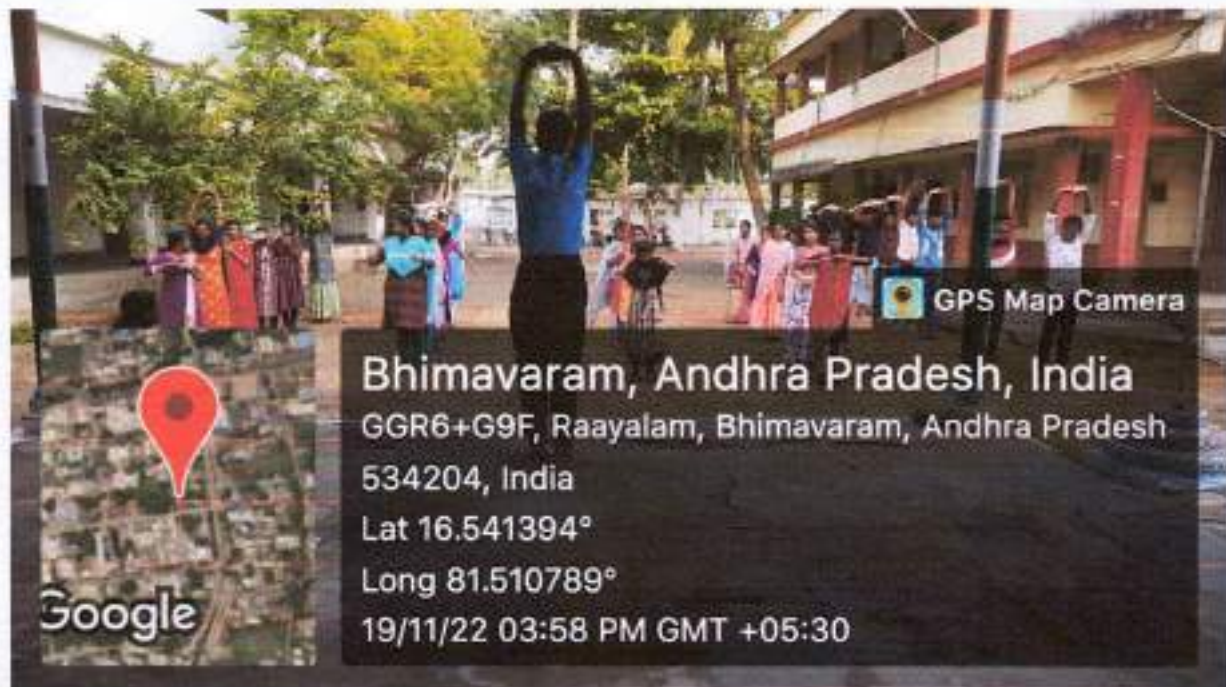
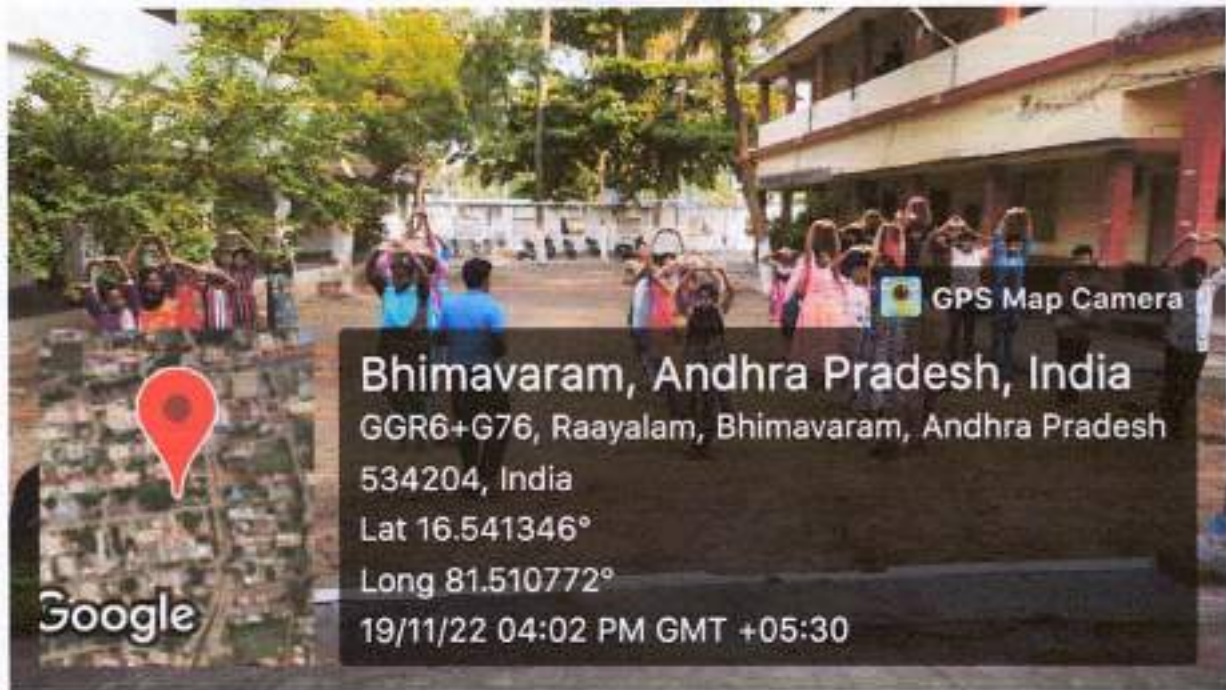
The Physical Director of the college Sri. M. Siva Naga Raju conducted and supervised this Programme. This Programme Conducted for 50 days in the Academic Year 2022-23.

M.S. Nagesh



V. Srinivas  
PRINCIPAL  
R.R.D.S. Govt. Degree College  
BHIMAVARAM-534 202.

### Photographs of Various Exercises









**RRDS Government Degree College, Bhimavaram**

**Department of Physical Education**

**Student Attendance Sheet**

\*\*\*\*\*

Name of the Programme : **Physical Training**

Date & Time:

S.No	Name of the Student	Class	No .of Days Attended	Signature
1	K. Vijay	II B.Sc.	50	K. Vijay
2	K. Raj Kumar	II B.Sc.	38	K. Raj Kumar
3	G. Sharada	III B.A.	42	G. Sharada
4	D. Ramesh	III B.A.	45	D. Ramesh
5	D. S. Mani	I B.Sc.	35	D. S. Mani
6	P. Gopi	II B.A.	35	P. Gopi
7	B. Preethi	I B.Sc.	35	B. Preethi
8	B. Sindhu	II B.A.	35	B. Sindhu
9	M. Harisitha	II B.Sc.	35	M. Harisitha
10	A. Ravi Teja	II B.Sc.	35	A. Ravi Teja
11	Y. Gowri Mahesh	II B.A.	35	Y. Gowri Mahesh
12	P. Sai Aswini	III B.A.	40	P. Sai
13	U. Sowmya	II B.Sc.	40	U. Sowmya
14	A. Ganesh Kumar	II B.Sc.	45	A. Ganesh Kumar
15	P. Keerthana	II B.Sc.	36	P. Keerthana
16	A. Ganesh Kumar	II B.Sc.	36	A. Ganesh Kumar
17	T. Shaleen Raja	II B.A.	35	T. Shaleen Raja
18	M. Supriya	II B.Sc.	42	M. Supriya
19	U. Saloni	II B.Sc.	35	U. Saloni
20	Ch. Bhavani	I B.Sc.	42	Ch. Bhavani
21	B. Surya Kumar	II B.Sc.	36	B. Surya Kumar
22	A. Asha Jyothi	III B.A.	45	A. Asha Jyothi
23	S. Roopak	I B.Sc.	40	S. Roopak
24	G. Roan	I B.Sc.	35	G. Roan
25	P. Ananya	II B.Sc.	42	P. Ananya

**H. S. Nagaraj**

Signature of the Faculty of the Department

**V. K. Srinivas**  
PRINCIPAL

R.R.D.S. Government Degree College  
BHIMAVARAM-534 202.



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**RRDS Government Degree College, Bhimavaram  
Department of Physical Education  
Notice**

All the students and faculty are here by informed that there will be a training programme on  
**Rifle shooting on 18.04.2023 AN.**

So students are instructed to participate and avail this opportunity.

Date: 17.04.2023

*M.S. Narayan*

Physical Director

Circulated to staff:

*P. S. ...*

*G. V. Mahesh*

*[Signature]*

*S. Jayashree*

*N. Mahesh*

*P. ...*

Circulated to students:

I B.A. ☑

II B.A.

III B.A. } *[Signature]*

I B.Com ☑

II B.Com *[Signature]*

III B.Com ☑

I MPCs ☑

II MPCs ~~☑~~

II BLC. *[Signature]*

**Brief Report**  
**Yoga Training Programme**

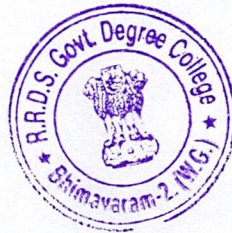
As a part of life skills enhancement among the students, a training programme on Rifle Shooting was conducted in the college on 18.04.2023.

Sri M Siva Naga Raju ,faculty of Physical Education conducted these Classes. 15 students trained through these classes.

This programme is aimed at extract the inner capabilities of the students.

*M.S. Naga Raju*

Physical Director



*V. Srinivasu*  
PRINCIPAL  
R.R.D.S. Govt. Degree College  
Principal  
BHIMAVARAM-534 202.



**RRDS Government Degree College, Bhimavaram**  
**Department of Physical Education**  
**Student Attendance Sheet**

\*\*\*\*\*

Name of the Programme : Rifle shooting.

Date & Time:

S.No	Name of the Student	Class	Signature
1	D. Bhavya Sri	IB.A.	D. B Sri
2	K. Seetha Mahalakshmi	IB.A.	K. Seetha Mahalakshmi
3	M. Harshitha	II M.P.C.S.	M. Harshitha
4	A. Pooornima	II M.P.C.S.	A. Poomi ma
5	A. Rushitha	IB.S.C	A. Rushitha
6	V. Hema	II M.P.C.S.	V. Hema.
7	P. Sabitha	II B.S.C	P. Sabitha
8	N. Gani Lubini	B.B.Sc	N. Gani Lubini
9	K. Raj Kumar	II B.Sc.	K. Raj Kumar
10	A. Ganesh Kumar	II B.Sc.	A. Ganesh Kumar
11	K. V. V. Swamy	II M.P.C.S.	K. Swamy
12	K. Vijay	II B2C	K. Vijay
13	P. Raviteja	II B2C	P. Raviteja
14	S. Roshan	II B2C	S. Roshan
15	K. Ramesh	II B2C	K. Ramesh

M. S. Naran Reddy

Signature of Physical Director

V. S. Reddy  
PRINCIPAL

R.R.D.S. Govt. Degree College  
BHIMAVARAM-534 202.



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[gdcbhimavaram.jkc@gmail.com](mailto:gdcbhimavaram.jkc@gmail.com)

**RRDS Government Degree College, Bhimavaram**  
**Department of Physical Education**  
**Notice**

All the students and faculty are here by informed that there will be a Training Programme on Yoga from 15.06.2023 to 21.06.2023.

So all the faculty and students are requested to participate and avail this opportunity.

Date: 13.06.2023

*M. S. Naseer Khan*

Physical Director

Circulated to staff:

*G. V. Mahesh*  
*Gm*

*S. Jothi*

*N. Malhi*

*Group*

*P. S. T.*

Circulated to students:

*IBA*

*II BA*

*III BA*

*IBLom*

*II BLOm*

*III BLOm*

*I MPES*

*II MPES*

*II BLC*

**Brief Report**  
**Yoga Training Programme**

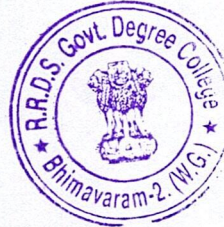
As a part of life skills enhancement among the students, a training programme on Yoga was conducted in the college from 15.06.2023 to 21.06.2023 .

Sri M Siva Naga Raju ,faculty of Physical Education conducted these YOGA Classes. 20 students trained through these classes.

Yogasanas which will be beneficial to health , concentration power were learned in this programme.

Distributed prizes to Best performers and also given certificates to students.

*M. S. Nagarajan*  
Physical Director



*V. Venkatesh*  
PRINCIPAL  
R.R.D.S. Govt. Degree College  
Principal  
BHIMAVARAM-534 202



**RRDS Government Degree College, Bhimavaram**  
**Department of Physical Education**  
**Student Attendance Sheet**

\*\*\*\*\*

Name of the Programme : Training Programme on Yoga

Date & Time:

S.No	Name of the Student	Class	15.06.23	16.06.23	17.06.23	18.06.23	19.06.23	20.06.23	Signature
1	B. Srissha	II BZC	P	A	P	P	A	P	B. Srissha
2	B. Lavanya	II BZC	P	P	A	P	A	A	B. Lavanya
3	S.S.N. Mounika	II B Com	A	P	P	A	P	P	S.S.N. Mounika
4	B. Sivapavathi	II B Com	P	P	A	P	P	P	B. Siva.
5	M. Harika	II BZC	P	A	P	P	A	P	M. Harika
6	V. Meruy	I. B.com	P	A	A	P	A	P	v. Meruy.
7	G. Aurga	I. B.com	P	P	A	P	A	P	G. Aurga
8	P. Adilakshmi	II B Com	P	P	P	A	P	P	P. Adilakshmi
9	SK. Roshan	II BZC I B Com	P	P	P	P	A	P	SK. Roshan
10	P. Saravani	I B Com	P	A	P	P	P	A	P. Saravani
11	G. Ravi Teja	I B Com	P	P	A	A	P	P	G. Ravi Teja
12	B. L. Ki. tha	II B Com	P	A	P	P	A	P	B. L. Ki. tha.
13	J. Greetha	II B Com	P	P	A	P	P	A	J. Greetha
14	D. NANI	I B Com	P	A	P	P	A	P	<del>D. NANI</del>
15	N. Ratna Rao	I B Com	P	P	P	A	P	P	N. Ratna Rao
16	P. Balasai	II B Com	P	P	P	P	P	P	P. Balasai
17	P. Raviteja	II BZC	P	A	P	A	P	P	P. Raviteja
18	K. Tyothi	I B Com	P	P	A	P	P	P	K. Tyothi
19	S.D.N. Lahari	II BZC	P	A	P	P	A	P	S.D.N. Lahari
20	B. Suryakumari	II BZC	A	P	P	A	P	P	B.S. Kumari

M. S. Nagappa

Signature of Physical Director



V. Srinivas  
 PRINCIPAL  
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On 15.06.2023



On 16.06.2023



On 17.06.2023



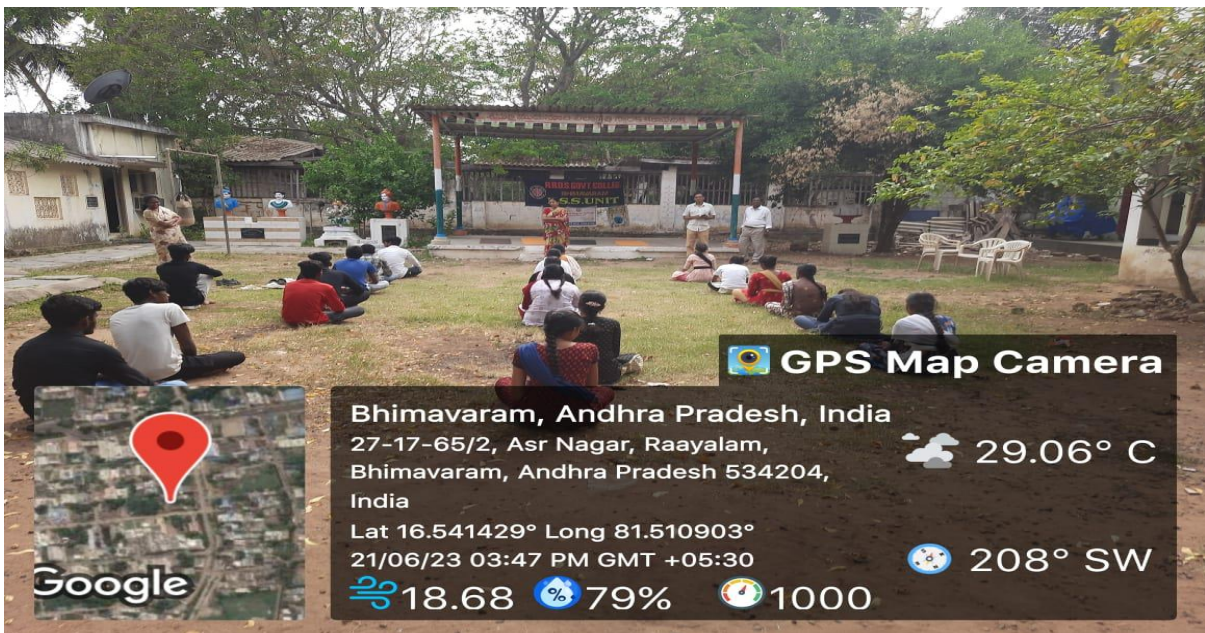
On 19.06.2023



On 20.06.2023



On 21.06.2023



GPS Map Camera

Bhimavaram, Andhra Pradesh, India  
27-17-65/2, Asr Nagar, Raayalam,  
Bhimavaram, Andhra Pradesh 534204,  
India

29.06° C

Lat 16.541429° Long 81.510903°  
21/06/23 03:47 PM GMT +05:30

208° SW

18.68 79% 1000

Google





*V.K. Prasad*  
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