

**RRDS GOVT. DEGREE COLLEGE, BHIMAVARAM, W.G.Dt, A.P**

(Affiliated to Adkavi Nannayya University, Rajamahendravaram)

**Estd:1972**

☎ 08816-223458

🌐 [www.rrdsgdc.ac.in](http://www.rrdsgdc.ac.in)



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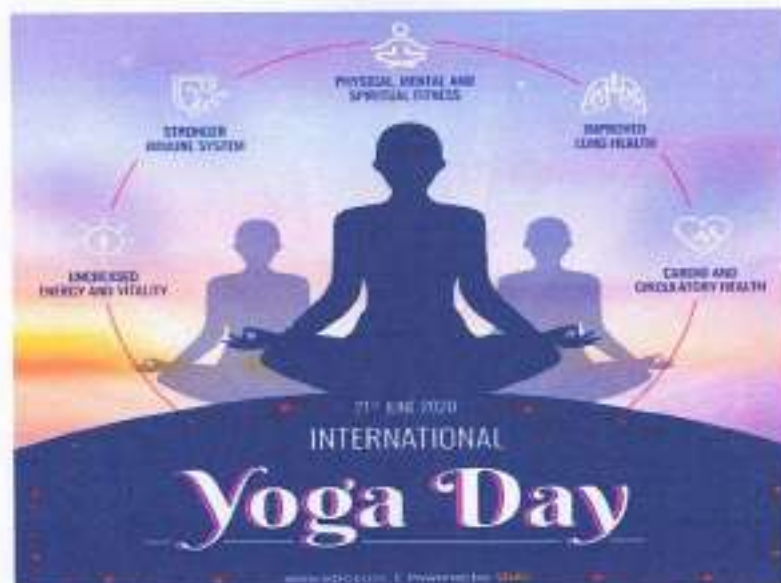
**AISHE:C-24023**

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**CELEBRATIONS OF INTERNATIONAL YOGA DAY**

**ON**

**21-6-2022**



**ORGANIZED**

**BY**

**PHYSICAL EDUCATION DEPARTMENT**

**RRDS GOVERNMENT DEGREE COLLEGE**

**BHIMAVARAM**

**PHYSICAL EDUCATION DEPARTMENT**

**Date:19-6-22**

**NOTICE**

On the occasion of the International "YOGA DAY" the Department of Physical Education of the college is celebrating the Yoga day in the premises of College. Hence the Faculty members and students take part in the event and make the programme a grand success. The program will get started at 10-11A.M on the 21-6-22.

In Charge

Staff

1

2 G. V. Mahesh

3 K. S. S.

4 M. S. S.

5 S. S. S.

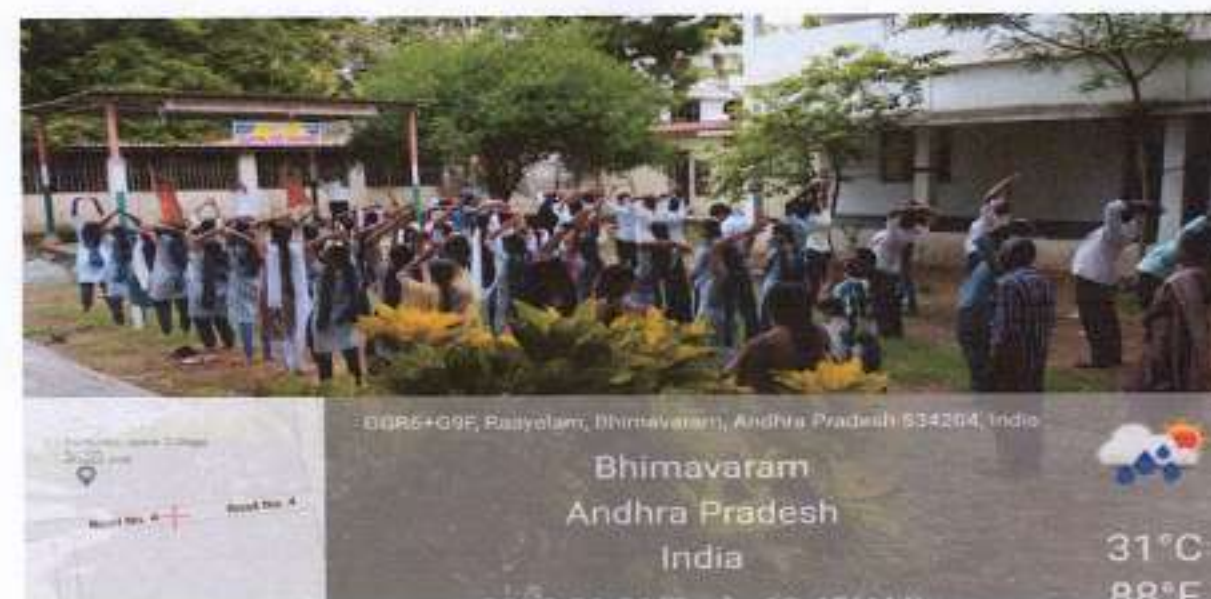
6 S. S. S.

### **Brief Report on International Yoga Day**

International Yoga Day celebrations were held at RRDS Government Degree College, Bhimavaram on June 21, 2022. The session was held on our college grounds. Lecturer in Physical Education Sri M S Naga Raju , invited the guests onto the dais and briefed them about the program. The inaugural speech was given by Dr.V K J Prasuna Principal who emphasized the importance of Yoga and physical exercises in daily life. our principal took active participation in yoga day celebrations. Smt . S Lakshmi Kanthan, Vice Principal explained its history, a century of origin, and how it helped the common people. She even told us that yoga helps increase concentration. A group of students who were yoga students performed several asanas. They also performed standing and sitting asanas All the students participated eagerly to perform different Asanas. The programme is concluded with the vote of thanks proposed by Sri M Siva Naga Raju ,Lecturer in Physical Education.

  
**PRINCIPAL**  
R.R.D.S. Govt. Degree College  
BHIMAVARAM-534 202.











RRDS Government Degree College, Bhimavaram

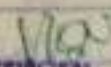
Department of Physical Education

Attendance Sheet 21.06.2022

international yoga day			
No.	Name of the student	Class	Signature
1	K. Lakshmi	II B.com	K. Lakshmi
2	T. Ananth	II B.com	T. Ananth
3	T. Anitha	II B.com	T. Anitha
4	N. Vimala	II B.com	N. Vimala
5	B. Latha	II B.com	B. Latha
6	P. Anulya	II B.com	P. Anulya
7	V. Padmarathi	II B.com	V. Padma
8	N. Rahul Chanti	I <sup>st</sup> B.Z.C.	N. Rahul
9	A. Ananya Bhavani	I <sup>st</sup> B.Z.C.	P.P. Bhavani
10	B. Surya Kumari	I <sup>st</sup> B.Z.C.	B. Surya Kumari
11	B. Lavanya	IBZC	B. Lavanya
12	S. Lakshmi	IBZC	S. Lakshmi
13	B. Srissha	IBZC	B. Srissha
14	B. Kanchara	IBZC	B. Kanchara
15	P. Keethana	IBZC	P. Keethana
16	D. Nimala Kumari	IBZC	D. Nimala
17	V. Lakshmi	IBZC	V. Lakshmi
18	M. Devisupriya	IBZC	M. Devisupriya
19	M. Harika	IBZC	M. Harika
20	N. Maha Lakshmi	I <sup>st</sup> MPC	N. Maha
21	V. Homnaga Durga	I <sup>st</sup> MPC	V. Homnaga
22	P. Sabitha	I <sup>st</sup> MPC	P. Sabitha
23	A. Poornima	I <sup>st</sup> MPC	A. Poornima
24	K. Vedantha. V.B.S	IBZC	K. Vedantha
25	SK. Roshan	I <sup>st</sup> MPC	SK. Roshan
26	A. Grancha Kumar	IBZC	A. Grancha
27	P. Balasai	IBZC	P. Balasai
28	G.L.S.D. Bhavani	IBZC	G.L.S.D. Bhavani
29	S.S.V. Mohita	IBZC	S.S.V. Mohita



30.	B. Chaitanyarathi,	I B.Com	B. Chaitanyarathi
31.	B. Lakshmi	I B.Com	B. Lakshmi
32.	P. Ali Lakshmi	I B.Com	P. Ali Lakshmi
33.	B. Bhagya Sai	I B.Com	B. Bhagya Sai
34.	V. Mani	I B.Com	V. Mani
35.	Ch. Janaki	I B.Com	Ch. Janaki
36.	Ch. Durga	I B.Com	Ch. Durga
37.	N. Goni Lakshmi	I <sup>st</sup> MPC	N. Goni
38.	G. Jyana Prasad	I <sup>st</sup> MPC	G. Jyana
39.	M. Harshitha	I <sup>st</sup> MPC	M. Harshitha
40.	A. Rushitha	I <sup>st</sup> MPC	A. Rushitha
41.	A. V. Lakshmi	I <sup>st</sup> MPC	A. V. Lakshmi
42.	K. Rajkumar	I <sup>st</sup> MPC	K. Rajkumar
43.	K. Vijay	IBZC	K. Vijay
44.	A. Paritha	IBZC	A. Paritha
45.	P. Raviteja	IBZC	P. Ravi
46.	K. Rupesh	IBZC	Rupesh
47.	T. Pandu Ranga	I B.Com	T. Pandu
48.	Prakash	I B.Com	Prakash
49.	Ravi teja	I B.Com	Ravi teja
50.	B. Sai	I B.Com	B. Sai
51.	Durga prasadh	I B.Com	Durga pra
52.	K. Rama Lakshmi	I B.Com	K. Rama Lakshmi

  
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